

**GUARDIAN ANNOUNCES DIRECTOR RESIGNATION**

**TSX VENTURE EXCHANGE: GX**

**FOR IMMEDIATE RELEASE**

**CALGARY, ALBERTA – October 14, 2009** - Guardian Exploration Inc. (“Guardian” or the “Corporation”) (TSX Venture: GX) announces the resignation of Orville Cole as a Director of Guardian. The management and board thank Mr. Cole for his efforts and wish him success in his future endeavors.

Guardian is a Calgary-based corporation engaged in the acquisition, exploration and development of resource properties. Common shares of the company trade on the TSX Venture Exchange under the trading symbol “GX”.

For further information, contact:

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*Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*