

GUARDIAN ANNOUNCES OFFICER RESIGNATION

TSX VENTURE EXCHANGE: GX

FOR IMMEDIATE RELEASE

CALGARY, ALBERTA – March 17, 2009 - Guardian Exploration Inc. (“Guardian” or the “Corporation”) (TSX Venture: GX) announces the resignation of Michael P. Costello, Chief Financial Officer, effective March 15, 2009. Mr. Costello is pursuing other consulting opportunities, and will continue to provide independent consulting services to Guardian. The board of directors would like to thank Mr. Costello for his efforts over the course of his engagement with Guardian.

Guardian is a Calgary-based corporation engaged in the acquisition, exploration and development of resource properties. Common shares of the company trade on the TSX Venture Exchange under the trading symbol “GX”.

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